

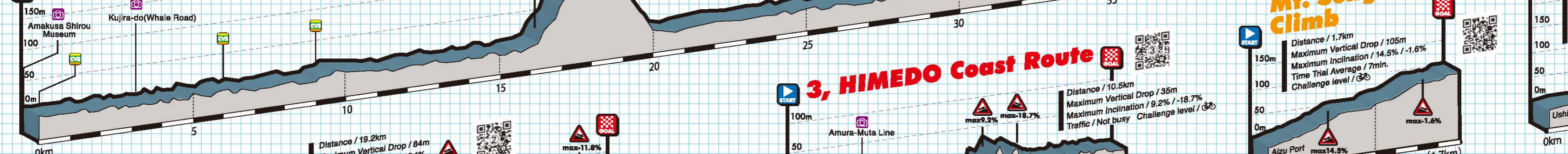


# AMA-ICHI 15 Stages (8Routes,7climbs)

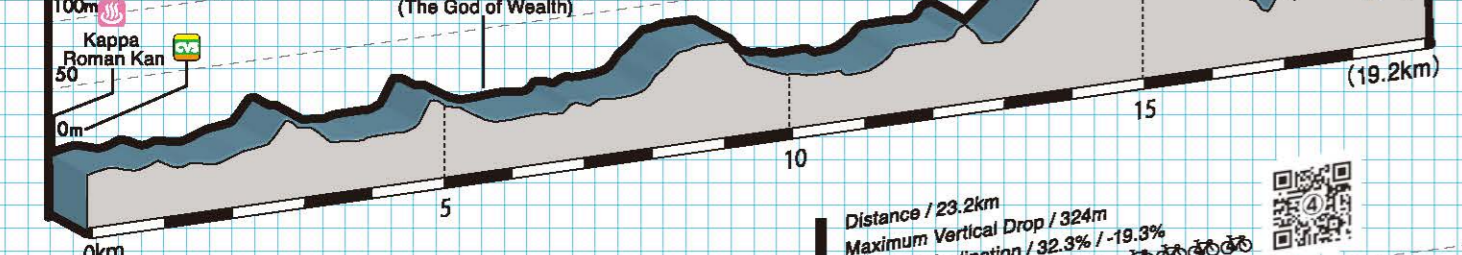
In addition to the characteristic 8 Routes, you can experience 7 Climbs from the sea level that only Amakusa provide.  
The declines after hill climbs have high accident rates. Reduce speed and be careful not to stray onto the opposite traffic lane.

- Start Point
- Maximum Inclination (Activity)
- CAUTION
- Goal Point
- Maximum Inclination (Declivity)
- Spa facilities
- Superb View Point
- Convenience Store

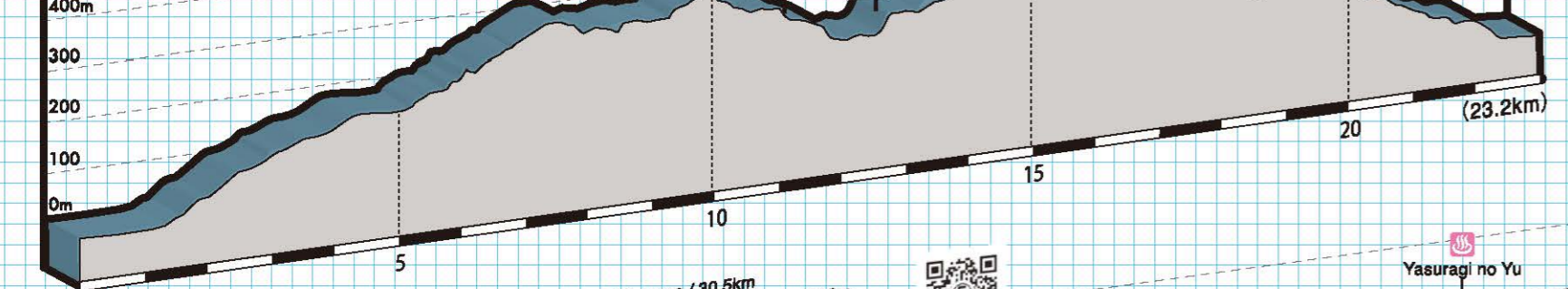
## 1, OHYANO-Healing Route



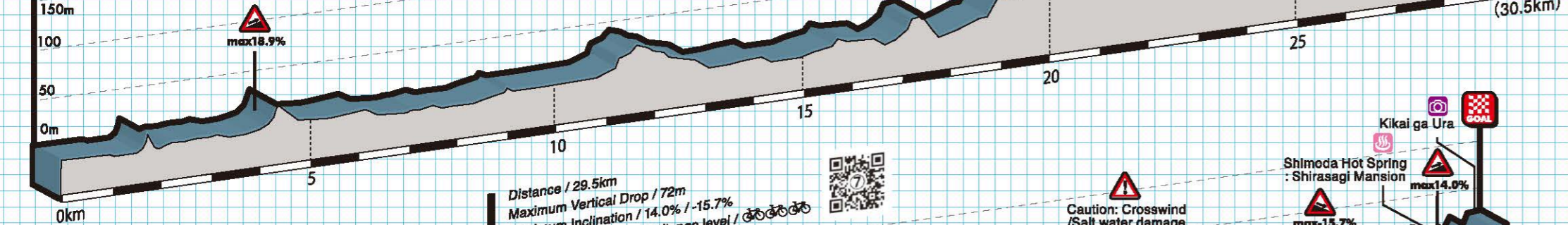
## 2, DRAGON Route



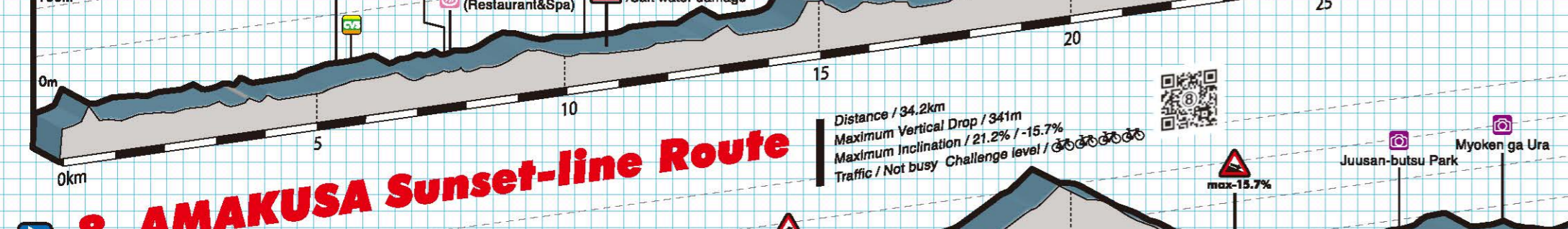
## 4, Orange-line Route



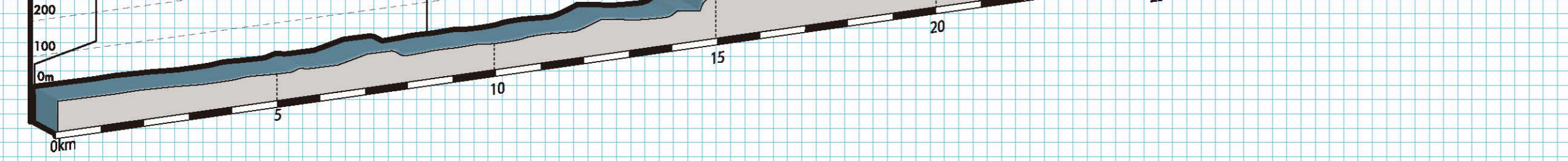
## 5, HAIYA Route



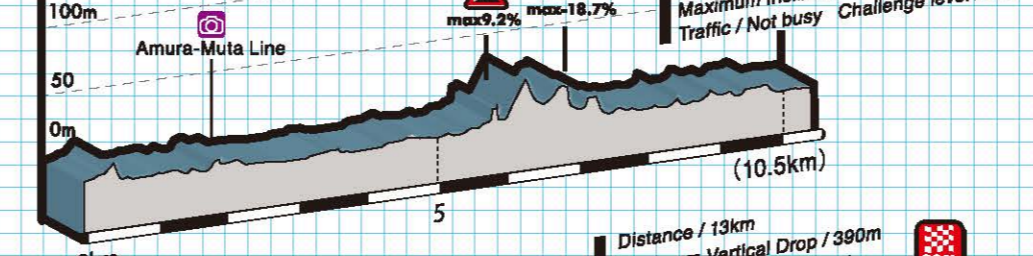
## 7, Dolphin Route



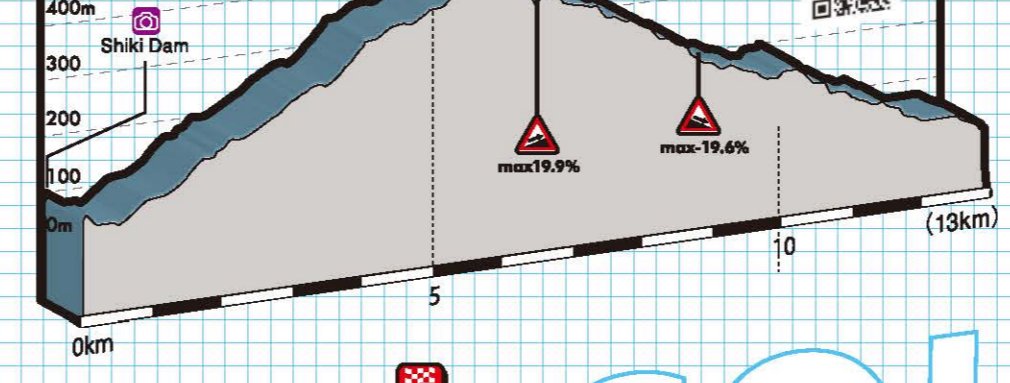
## 8, AMAKUSA Sunset-line Route



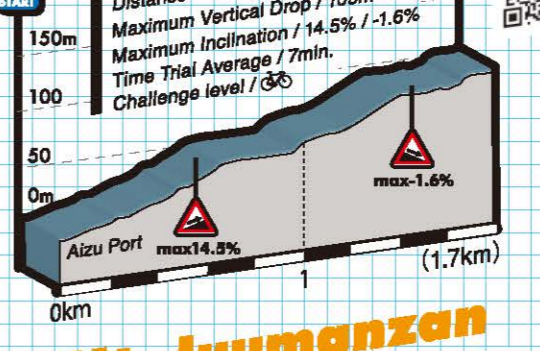
## 3, HIMEDO Coast Route



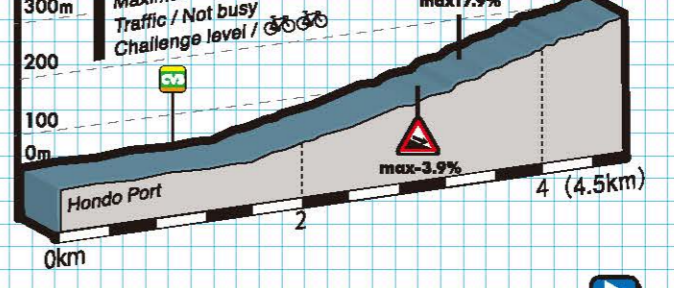
## 6, BIG-Challenge Route



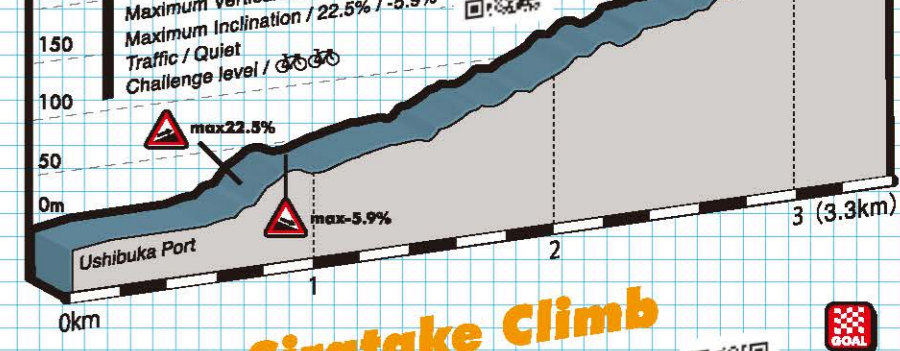
## Mt. Senganzan Climb



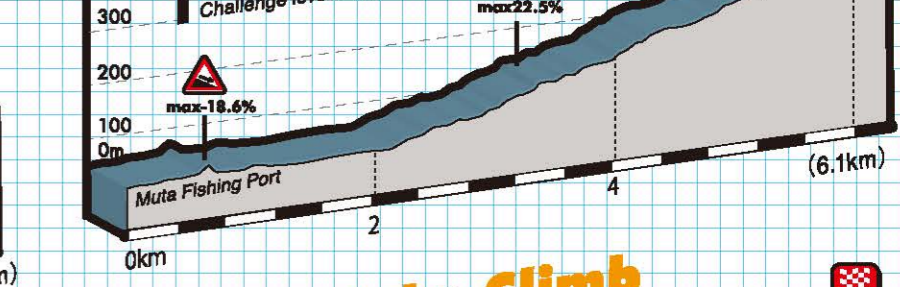
## Mt. Juumanzan Climb



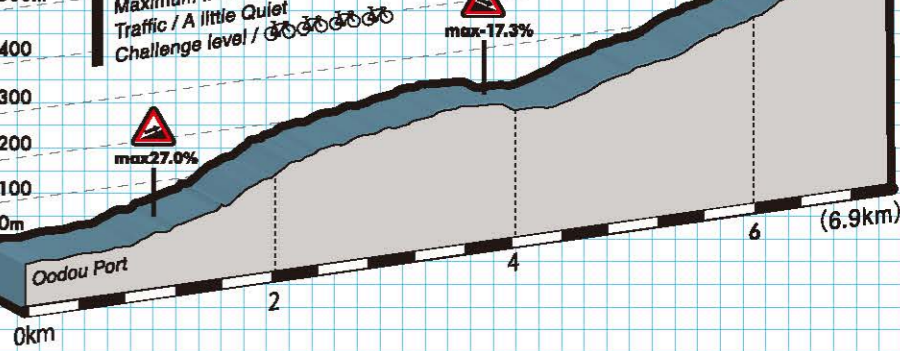
## Mt. Tomiyama Climb



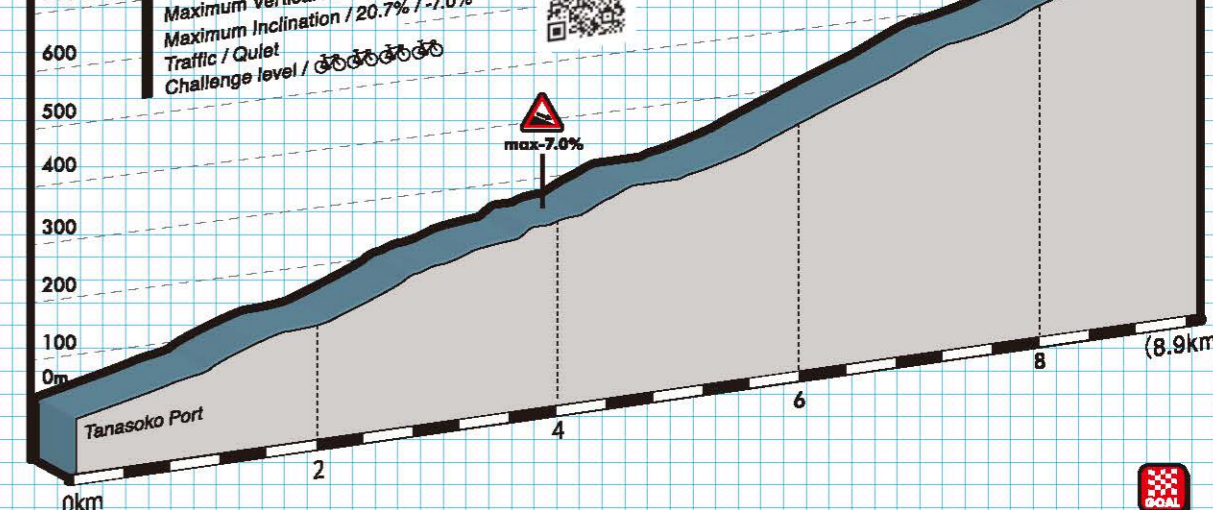
## Mt. Siratake Climb



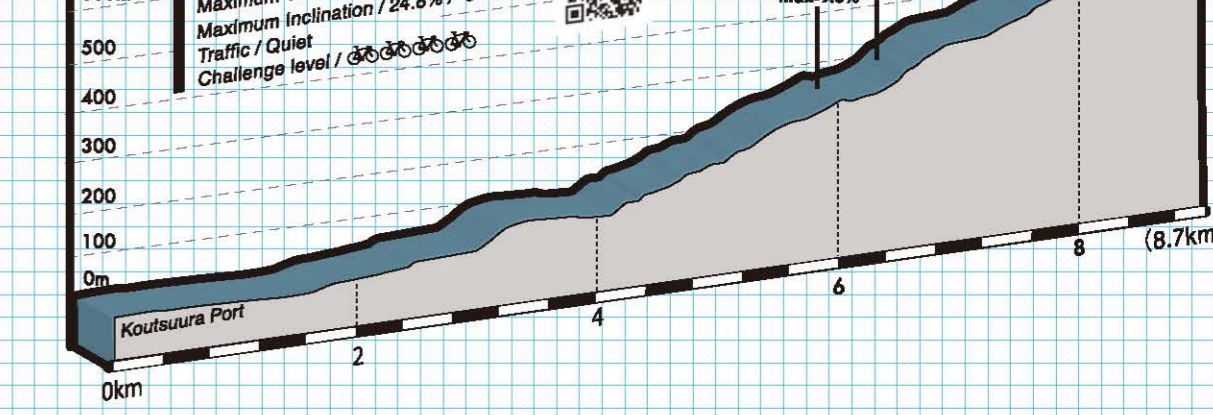
## Mt. Ryugatake Climb



## Mt. Kuratake Climb



## Mt. Oidake Climb



COURSE Profiles  
AMAKUSA CYCLING MAP

