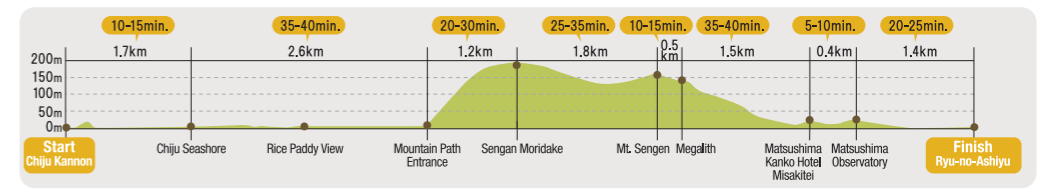
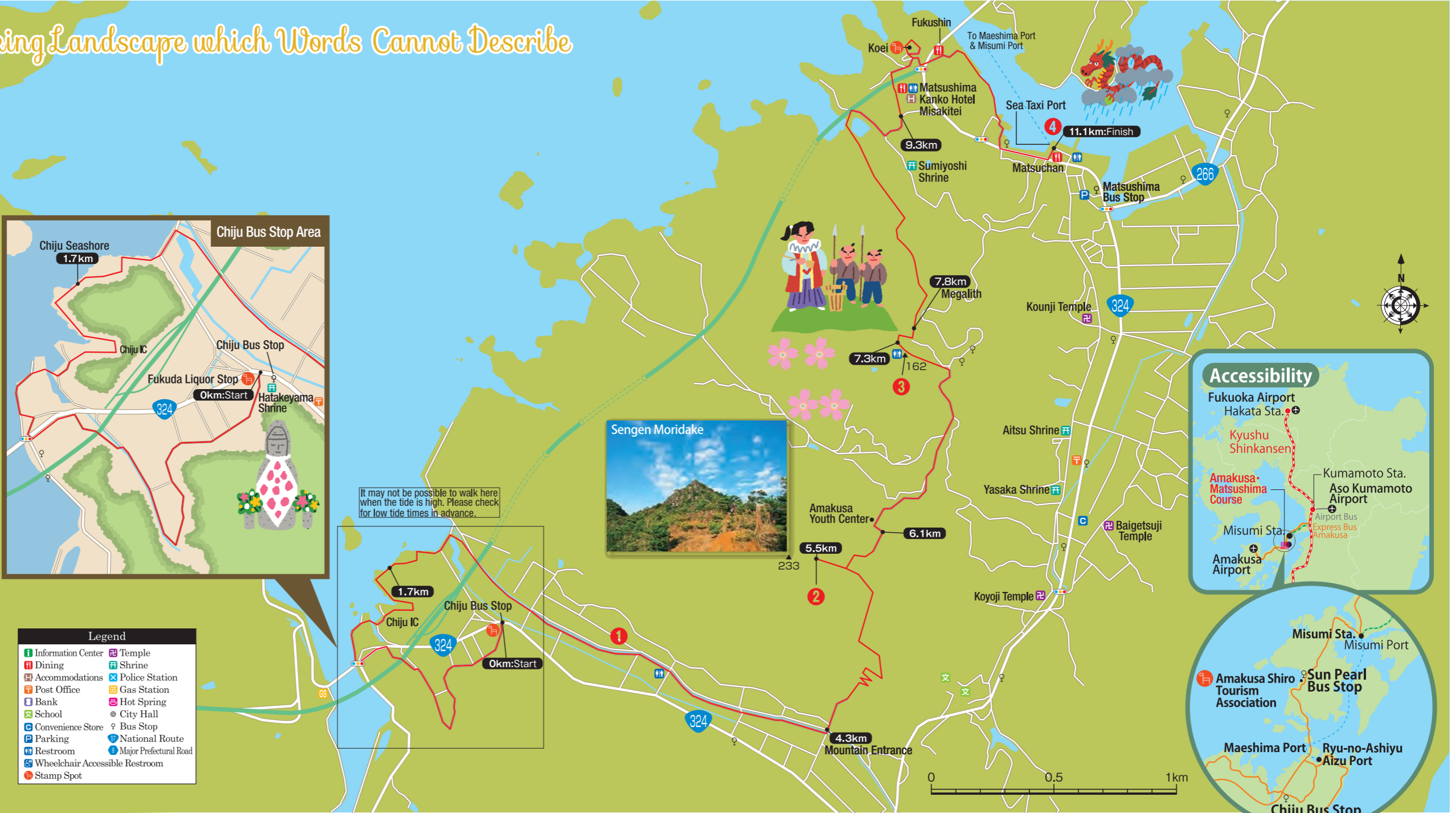
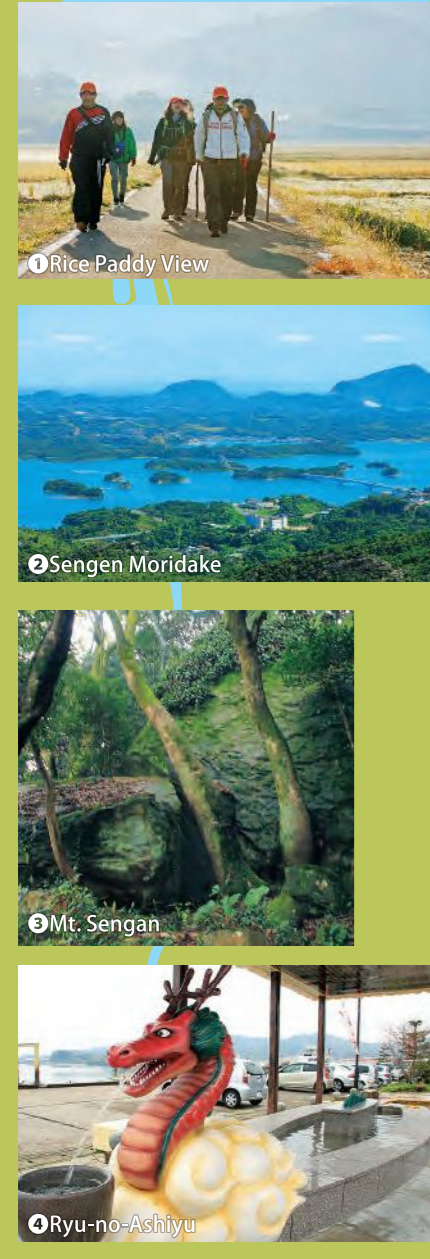


Central Amakusa-Matsushima Course

Distance: 11.1km
 Time: 4-5hours
 Difficulty: 🏞️ 🏞️ 🏞️ 🏞️ 🏞️



Enjoy the Breathtaking Landscape which Words Cannot Describe



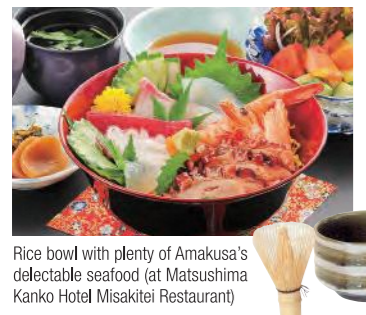
It may not be possible to walk here when the tide is high. Please check for low tide times in advance.

Legend

Information Center	Temple
Dining	Shrine
Accommodations	Police Station
Post Office	Gas Station
Bank	Hot Spring
School	City Hall
Convenience Store	Bus Stop
Parking	National Route
Restroom	Major Prefectural Road
Wheelchair Accessible Restroom	
Stamp Spot	



Specialities



Find many kilns that produce heartwarming crafts using the region's special Amakusa Toseki.



Traditional, local sponge cake sweet bean paste roll "Akamaki" (available at many locations)

Accommodations

- Matsushima Kanko Hotel Misakitei**/TEL.0969-56-1188
<http://www.misakitei.co.jp/>
- Hotel Shosenkaku Romankan**/TEL.0969-56-3000
<http://www.romankan-s.com/>
- Komatsuya Nagisakan**/TEL.0964-59-0111
<http://komatsuya-nagisakan.jp/>
- Ryotei Ai-no-misaki**/TEL.0964-59-0010
<http://www.ainomisaki.co.jp/>
- Minshuku Seiryusou**/TEL.0964-56-1004
<http://www.seiryusou.jp/>
- Nakashimasou**/TEL.0969-56-0542
<http://www.nakashimasou.jp/>

<Inquiry>
 Kamiamakusa City Tourism Omotenashi Department/TEL.0964-26-5512

Access

Fukuoka Airport	Aso Kumamoto Airport	JR Kumamoto Sta.
Airplane : 40min. Subway : 5min.	Airport Shuttle Bus : 50min.	Amakusa Misumi Line : 60min.
Amakusa Airport	JR Hakata Sta.	Kumamoto Bus Terminal
Shuttle Bus : 13min.	Kyushu Shinkansen : 30-40min. (fastest possible)	Sea Taxi or Amakusa Takarajima Line : 20min.
Hondo Bus Center	JR Kumamoto Sta.	Aitsu Port
Express Bus "Amakusa" : 40min.	Express Bus "Amakusa" : 100min.	Matsushima Bus Stop
	Express Bus "Amakusa" : 110min.	Maejima Port
		Maejima Bus Stop
		Chiju Bus Stop

*Travel times indicated here are all approximate.

Local Bus Matsushima ⇒ Chiju

Regarding the Sea Taxi